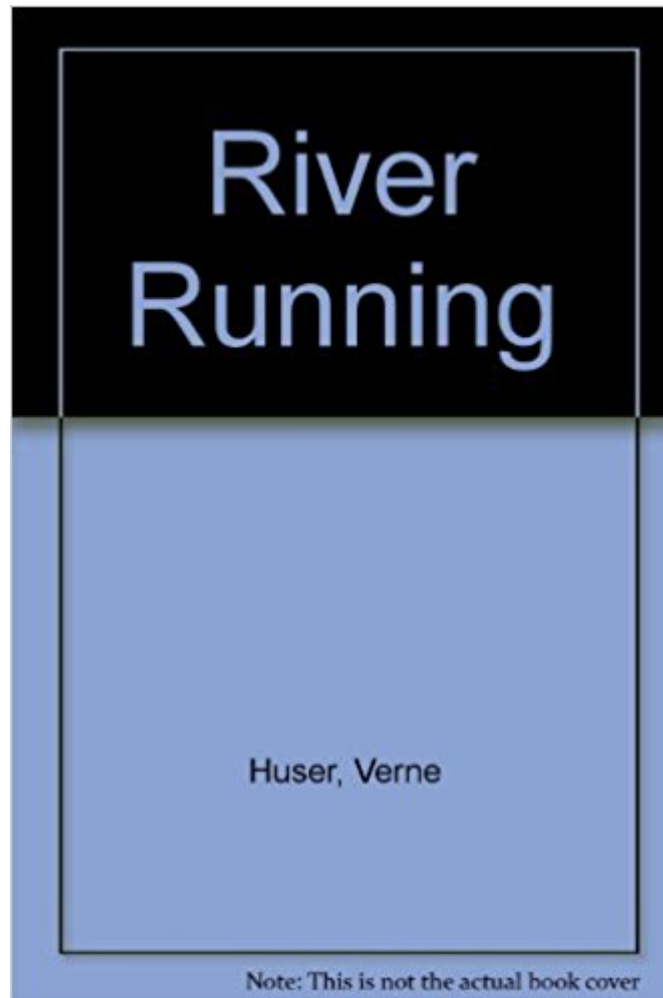




The book was found

River Running



Synopsis

* Written by the granddaddy of the river running world* Completely updated, with new text and photos* Sidebars describing real-life river running situations threaded throughout First published in 1975, River Running inspired a whole generation of river runners. Now this classic text is back in print in a completely rewritten and updated guide. Reflecting changes in the regulations, equipment, and popularity of the sport, River Running introduces the modern river runner to craft and gear, technique, planning and preparation, health and safety, environmental issues, and basic river sense. Long-time expert Verne Huser shares his insights on the nature of rivers-how they act, why they flood, and what to look for when scouting out rapids, holes, and other obstacles-and discusses how to choose from the many types of craft, from traditional wooden canoes to inflatable kayaks and catarafts. Also covered are the different means of propulsion and the latest in safety equipment. All information is presented in the context of running rivers safely, with as little impact on the river environmental as possible. --This text refers to the Paperback edition.

Book Information

Hardcover: 294 pages

Publisher: Regnery (1975)

Language: English

ISBN-10: 0809283379

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Package Dimensions: 9.1 x 6 x 1.1 inches

Shipping Weight: 1.1 pounds

Average Customer Review: 3.7 out of 5 stars 2 customer reviews

Best Sellers Rank: #1,866,864 in Books (See Top 100 in Books) #72 in [Books > Sports & Outdoors > Outdoor Recreation > Rafting](#) #1683 in [Books > Sports & Outdoors > Outdoor Recreation > Boating](#) #5154 in [Books > Sports & Outdoors > Water Sports](#)

Customer Reviews

Verne Huser's River Running has been an eye-opener for canoeists, kayakers, and rafters. (The Olympia, Olympia, WA)With 40 years of paddling experience under his lifejacket, Verne Huser an Old Man River himself ... captures the ins and outs of river running better than anyone. (Eugene Buchanan, Publisher, Paddler magazine)A classic when it first appeared twenty-five years ago, this updated edition only adds to the luster of River Running. Huser is a fabulously knowledgeable and experienced guide, and his definitive book is an absolute joy to read. (Ann Zwinger, author) --This

text refers to the Paperback edition.

Out of date, nothing new. I was very disappointed in this book. The information is the same as are the photos as the first edition 20 years ago. There are too many other books on the subject to waste your time with this one.

Excellent Book!

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My Running Journal: Bubble Man Running, 6 x 9, 52 Week Running Log CANOEING The Jersey Pine Barrens: Paddling adventures along the Batsto River, Toms River, Rancocas Creek, Great Egg Harbor River, Mullica River Green River, Running Red: The Real Story of the Green River Killer--Americas Deadliest Serial Murderer Green River, Running Red: The Real Story of the Green River Killer--America's Deadliest Serial Murderer RUN: What To Know About Running Before You Begin (A Complete Beginners Guide: Learn How To Start Running And Jogging) The Ultimate Beginners Running Guide: The Key To Running Inspired Chi Running: A Training Program for Effortless, Injury-Free Running Running: A Love Story: How an overweight radio DJ got hooked on running marathons Softball Base Running Drills: easy guide to perfect your base running today! (Fastpitch Softball Drills) My Running Journal: Personal Training Athletic, 6 x 9, 52 Week Running Log My Running Journal: Pink Shoe, 6 x 9, 52 Week Running Log My Running Journal: Runners, 6 x 9, 52 Week Running Log Marathon Training & Distance Running Tips: The Runner's Guide for Endurance Training and Racing, Beginner Running Programs and Advice Running Motivation and Stamina: Train Your Brain to Love Running with Self-Hypnosis, Meditation and Affirmations Healthy Running Step by Step: Self-Guided Methods for Injury-Free Running: Training - Technique - Nutrition - Rehab The Campaign Manager: Running and Winning Local Elections (Campaign Manager: Running & Winning Local Elections) Running Warsaw (Running the EU Book 27) Washington D.C. Running Guide (City Running Guide Series) HIIT: High Intensity Interval Training Guide Including Running, Cycling & Bodyweight Workouts For Weight Loss: Including Running, Cycling & Bodyweight Workouts for Weight Loss River Running : Canoeing - Kayaking - Rowing - Rafting

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